

COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D
Redlands CA, 92373

<p>Maternity Tours Wednesday 5:00-6:00pm</p> <p><u>WEDNESDAY</u> April 24 May 22 June 12</p>	<p>Childbirth Preparation Class – Series of Three - 3 hour classes Includes Mother-Baby Units Orientation Tour Cost: \$100.00 5:30pm –8:30pm</p> <p><u>MONDAY</u> April 8,15,29 May 6,13,20 June 3,10,17</p>
<p>Childbirth Preparation (Accelerated Class) Cost: \$100.00 Hours: 9:00am-5:00pm (one-day)</p> <p><u>Saturday</u> April 6 May 4 June 1</p>	<p>Childbirth Refresher Cost: \$35.00 /Hours: 5:30- 8:30pm</p> <p>Attend the second class from Childbirth Preparation Course. <u>Monday</u> April 15, May 13, June 10</p>
<p>Breastfeeding Basics (prior to delivery) Cost: \$25.00 Hours: 9:00am-12:00pm</p> <p><u>Saturday</u> April 20 May 18 June 15</p>	<p align="center">For all the Childbirth classes, Please bring the Following: Two pillows and a small blanket for breathing and Relaxation Exercises * Please No Children at Classes and Tours *</p>

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.
To register for classes, you can **Pay and Register over the Phone** by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

Last Name:		First Name:		Telephone # ()		
Mailing Address:			City:		Zip Code:	
Estimated delivery date		Date of Birth		OB/GYN's Provider's Name:		
Are you delivering at Redlands Community Hospital?				If not, where?		
Select the class(es) you want – place a √				Desired Dates		Cost
<input type="checkbox"/>	Mother-Baby Units orientation Tour					No Charge.
<input type="checkbox"/>	Childbirth Preparation Classes includes Tour					\$100.00
<input type="checkbox"/>	Childbirth Refresher					\$35.00
<input type="checkbox"/>	Childbirth Preparation (Weekend Class)					\$100.00
<input type="checkbox"/>	Breastfeeding Basics					\$25.00